



OT260 Prayer Companion Guide - September 2026

The Long Hollow Prayer Guide is designed to help you think and pray through what you're reading. How can you see God in a new light through today's reading? How is this particular Word relevant to your life today? The prayer guides will also provide prompts for your personal prayer life, our church body, community, and the nations.

This **PSALM** prayer model helps bring a fresh perspective to prayer as we walk through the Old Testament.

Praise is simply expressing what we are worshiping God for in the passage we're reading. Who is He? What is He doing? Take time to sit with Him; His character, His names, His works, His faithfulness.

Silence and Solitude is about quieting ourselves before the Lord and His Word and slowing down enough to listen. What is He bringing to mind? What is He putting on your heart? What is He asking from you?

Ask is bringing everything to the Lord in prayer. Talk to Him as if you were sitting right next to Him. What is on your heart? What are your needs? Bring everything to Him. (Philippians 4:6)

Lament is the act of bringing your pain, sorrow, grief, and confusion before God. It's a time to mourn over broken things (personal sin you need to confess to God and turn from, sin in others, and sin around us). But it should be filled with faith and hope—run to God, not away from Him. Trust His promises, present and future grace, and don't wallow in unbelief and despair.

Missional Praying is where we begin to look outward. There are 5 C's that can help aid our prayer time beyond ourselves: Circle, Church, Community, Country, and Cultures. This is how we join God in what He's doing here and around the world. We ask Him to move, to reach, and to expand our borders for His Kingdom.

Week 30 (August 30–September 5)

This week's reading: 2 Samuel 6-7, 9, 11-12, Psalm 144-148

Praise

- Praise the Lord, for He is gracious and full of compassion, slow to anger and abounding in steadfast love and mercy. Psalm 145:8
- Spend time praising the Lord for His mighty works, His greatness, and the mighty deeds He has done in your life. Let Psalm 145 guide your praise as you meditate on His character and faithfulness.
- Praise the Lord for the gift of worship through music and singing. Rejoice that He is worthy of all praise, and let Psalm 147 inspire your worship and thanksgiving.

Silence & Solitude

- Sit quietly with the Lord, recounting all the things you are praising Him for today.
- Ponder on God's faithfulness and the ways He has guided you, been with you, and shown Himself faithful to you. 2 Samuel 7

Ask — Allow the Word to Guide Your Prayer Requests

- Use 2 Samuel 9 to pray for kindness to abound in your life, just as David showed kindness to Mephibosheth.
- Ask God to protect your heart, soul, and mind from the lust of the flesh, the lust of the eyes, and the pride of life. 1 John 2:16; 2 Samuel 11
- Pray that God would open your eyes to see sin clearly in your own life. Ask for a heart quick to confess and repent, so sin doesn't grow unchecked as it did with David. 2 Samuel 12

Lament — What Has Grieved You as You Have Read the Word?

- Grieve over sin that has taken you farther than you intended to go, and that you haven't yet brought before the Lord in true repentance. Lay it at the feet of Christ, the only One who can take it away. 2 Samuel 12:13
- Rest in God's finished work. Allow His grace and forgiveness to wash over you, remembering that "the Lord upholds all who fall and raises up all who are bowed down". Psalm 145:14.

Mission

- Ask God to make Himself known in our community and throughout the world. Pray that His name would be magnified and that all people would know He is the Lord of hosts. 2 Samuel 7:26–28.

- Pray for our ministry partner, Recovery Refuge. Ask God to use this week's banquet to bring glory to His name by celebrating all He has accomplished this year. Pray that every future need would be provided, opening doors for continued ministry and lasting kingdom impact. Psalm 146:7
- Intercede for the Talieng people of Laos. Pray they would come to know the Living Water found in Jesus Christ. Ask God to open doors for education, a written language, Scripture translation, and the spread of the gospel.

This Week: Recovery Refuge Banquet on September 3.

Week 31 (September 6–12)

This week's reading: 2 Samuel 24, 1 Kings 2-3, 6, 8, Psalm 149-150, Proverbs 1-3

Praise

- As you read Psalm 150, let it guide you in praising the Lord. Let everything that has breath praise the Lord!
- Praise God that He is a God who hears us and listens to us when we pray. 1 Kings 8
- Reflect on some of God's promises. Praise the Lord that not one word of all His good promises has failed. He is a promise-keeping God. 1 Kings 8:56

Silence & Solitude

- Sit quietly with the Lord, meditating on the Proverbs. Where do you need wisdom? Is it something you value?
- Ask God to show you where you are leaning on your own understanding. Proverbs 3:5

Ask — Allow the Word to Guide Your Prayer Requests

- Let Proverbs 1–3 guide you as you pray for wisdom and understanding. James 1:5 assures us that when we ask God for wisdom, He will generously provide it.
- Reflect on the qualities of King David described in 1 Kings 3:6. Ask God to help you walk in truth, righteousness, and uprightness of heart.
- Pray 1 Kings 3:14 for your family and our church. May we walk in God's ways, keep His statutes, and obey His commands.
- Use Solomon's prayer of dedication in 1 Kings 8:22–53 to guide your own prayers and requests to the Lord.

Lament — What Has Grieved You as You Have Read the Word?

- Reflect on areas of foolishness in your own life, and grieve the places where you've lacked wisdom and understanding, both in your own life and in our land. Let Proverbs 1–3 guide you.
- Lament the things that have stolen your praise from the Lord. Let Psalms 149 and 150 restore praise to your heart and mind.
- Repent of the times when you have not walked in God's ways or kept His commands. Ask Him to reveal specific sins or areas of your life that need to be surrendered to Him. 1 Kings 3.

Mission

- Pray that we would not withhold good from those to whom it is due when it is in our power to act. Proverbs 3:27
- Reflect on 2 Samuel 24:23–24 and David's desire to offer the Lord something that cost him something. Ask God to reveal what that sacrifice might look like in your own life. It may be financial, time, comfort, or resources.
- Pray for our missions partner, Mission Discovery. Ask God to use Mission Discovery to impact more communities around the world with the Gospel. Pray for the upcoming banquet, future mission trips, and His provision for the ministry He has placed on their hearts.
- Ask God to reach the Tai Khang people group in Laos with the Gospel. Pray for creative access strategies that would allow workers to share the Good News. Pray that many would hunger for truth, seek the One True God, and place their faith in Christ.

This Week: Mission Discovery Banquet, September 10, 2026

Week 32 (September 13–19)

This week's reading: 1 Kings 11-12, 17-19, Proverbs 4-8

Praise

- As you read 1 Kings 11, praise God for remaining faithful even when His people are unfaithful. Thank Him for His steadfast love, mercy, and covenant faithfulness that never fails.
- Praise the Lord for His miraculous provision. 1 Kings 17
- Praise the Lord for the ways He has answered prayer in your life. 1 Kings 18
- Praise the Lord for times when He has revealed Himself to you. 1 Kings 19

Silence & Solitude

- Spend a few moments asking God to search your heart. Are there any divided loyalties or idols competing for your affection and devotion to Him?

- Sit in silence, asking the Lord to remind you of times when He has met you in hard moments. How has He comforted you?

Ask — Allow the Word to Guide Your Prayer Requests

- Use Proverbs 4:23 as a prayer to the Lord, to guard your heart with all diligence.
- Pray for discernment to seek godly counsel and humility to obey God's wisdom rather than personal opinion. 1 Kings 12
- Pray that the Lord would increase your faith. He may answer in ways you never imagined. 1 Kings 17
- Use 1 Kings 18 to pray for impossible situations in your life and the lives of others. What are some impossible prayer requests only God can answer?

Lament — What Has Grieved You as You Have Read the Word?

- Bring before God your fears, worries, or areas where you've struggled to trust His provision. 1 Kings 17
- Confess times when you have been so discouraged that you want to give up. 1 Kings 19
- Lament over times when you have withheld good from those whom it is due. Allow Proverbs 3:27-30 to reshape how you treat others.

Mission

- Use 1 Kings 19:5–8 to pray for the people in your life who need God's ministry. Ask Him to meet them where they are, strengthen them for the journey ahead, and surround them with His comfort and care.
- Pray for our ministry partner, Sleep in Heavenly Peace. Ask God to expand their ministry, provide for their financial needs, and open many opportunities for them to share the hope of the Gospel with the families they serve.
- Pray for the Bahing people of Nepal, an unreached people group without a written language. Ask God to awaken believers in nearby villages to build meaningful relationships with the Bahing people. Pray that He would prepare their hearts to receive the Good News and bring an awakening among this remote people group.

Week 33 (September 20–26)

This week's reading: 1 Kings 21-22, 2 Kings 2-3, 5, Proverbs 9-13

Praise

- Praise the Lord for His relenting nature and forgiveness. He looks with favor on humility and repentance while also upholding justice and defending the innocent. 1 Kings 21
- Spend time praising God for His wisdom. Use Proverbs 9:10 to praise Him for revealing that the fear of the Lord is the beginning of wisdom.
- Praise God that He faithfully raises up leaders. Thank Him for the spiritual leaders in your own life and for those who faithfully lead our church. 2 Kings 2

Silence & Solitude

- Sit quietly with the Lord after reading 1 Kings 21. Ask God to reveal any areas where sin in your life is leading to further sin.
- Invite the Holy Spirit to reveal any areas of your life where you are lacking wisdom. Use Proverbs 9-13 as a guide.
- Reflect on your influence and leadership in the lives of others. Are you faithfully leading people toward Christ or away from Him? 1 Kings 21, 22, 2 Kings 2

Ask — Allow the Word to Guide Your Prayer Requests

- Use 1 Kings 22 to pray that you, your circle, and our church would join God in His plan and see victories for His kingdom, trusting that no disguise can alter His sovereign purposes.
- Use 2 Kings 2:9–10 to bring before the Lord what is on your heart. If you were asked the same question Elisha was asked, how would you respond?
- Use 2 Kings 3 to pray for God's provision in situations that seem impossible, whether in your own life or the lives of those around you.
- Let the account of Naaman in 2 Kings 5 guide your prayer for surrender and obedience to the Lord. Obedience isn't always easy, but it brings blessing.

Lament — What Has Grieved You as You Have Read the Word?

- Ask God to expose the times in your life when you have tried to fight battles in your own strength, only to realize that victory comes through dependence on Him. Let 2 Kings 3 remind you that God's ways are far more effective than our own.
- Reflect on how greed and dishonesty bring serious consequences. Use 2 Kings 5:20–27 to ask God to uproot any greed or dishonesty in your own life.
- Proverbs 11 describes the characteristics of a righteous person. As you read, ask God to reveal any areas of your life where you are not walking in righteousness.

Mission

- Pray for our ministry partner, Upstairs Foundation and the children they serve. Ask God to help each child flourish and grow in the depth and knowledge of His Word.

- Pray for the Tai Lue people of Laos, whose primary religion is Buddhism. Ask God to create a spiritual hunger among them, that they would grow dissatisfied with generations of tradition and hear and respond to the name of Jesus.
- Pray Proverbs 11:25 over our church, that we would remain a generous church, faithfully watering the harvest so He may bring forth an abundant harvest of fruit for His kingdom.

This Week: Upstairs Banquet, September 24, 2026

Week 34 (September 27–October 3)

This week's reading: 2 Kings 6, Jonah 1-4, Proverbs 14-18

Praise

- As you read 2 Kings 6, reflect on God's care for His people in both the big and small details of life. Praise Him as you encounter His faithfulness throughout these accounts.
- Praise the Lord for the storms in your life that expose the true thoughts and desires of your heart. Praise Him that you can never escape His presence. Jonah 1
- As you read Jonah 4:2, reflect on the character of God, and praise Him for who He is.

Silence & Solitude

- Reflect on the areas of your life where your faith is lacking. Let 2 Kings 6 guide you in praying for open eyes to recognize what God is doing around you, even when you can't see Him at work.
- Evaluate your position and posture before the Lord. Are you living in the center of God's will, or are you running from Him or from something He has called you to do? Jonah 1
- Do you have a genuine love for people and God's kingdom? Sit quietly before the Lord, asking Him to evaluate your heart and your passion for His mission to redeem the lost. Jonah 4

Ask — Allow the Word to Guide Your Prayer Requests

- Use Jonah 2 to pray for a renewed love for our salvation as a church, that we would never take it for granted but keep growing in what it means to be rescued from the pit and brought into new life in Christ.
- Use Jonah 3 to ask God for boldness to proclaim the gospel, that our community would hear the name of Christ, come to know Him, and respond in faith.

- Pray for those in your life who do not yet know Christ or the power of His finished work on the cross. Ask God to draw them to Himself and bring them to saving faith.

Lament — What Has Grieved You as You Have Read the Word?

- Confess any areas of your life where you may be running from the Lord. Jonah 1
- Let Jonah's prayer in Jonah 2 guide your own prayer of confession. Ask God to reveal any worthless idols you are clinging to and to help you surrender them to Him.
- Honestly bring before the Lord any prejudice, lack of love for others, anger, or hatred that may be in your heart. Ask Him to fill you with a supernatural love for every person He has created. Jonah 4

Mission

- Pray that God would use our ministry partner, Full Count, mightily in the days to come. Pray for this week's banquet, for God's provision of financial resources, for wisdom and strength for the leadership, and a clear vision for the future.
- As you read the book of Jonah this week, let it guide your prayers for yourself, those in our community, and the unreached peoples of the world. Ask the Lord how He is leading you to pray and how He desires to shape your heart for His mission.
- Pray for the Ath Pahariya people of Nepal. There is no Bible translation available in their language, and no known Bible translation work is currently underway for this small ethnic group of approximately 3,500 people. Pray that God would raise up Bible translators and call people specifically to serve among the Ath Pahariya. Pray for missionary access, open doors for visas, and clear pathways for the Gospel to reach them.

This Week: Full Count Banquet, October 1, 2026