



OT260 Prayer Companion Guide - August 2026

The Long Hollow Prayer Guide is designed to help you think and pray through what you're reading. How can you see God in a new light through today's reading? How is this particular Word relevant to your life today? The prayer guides will also provide prompts for your personal prayer life, our church body, community, and the nations.

This **PSALM** prayer model helps bring a fresh perspective to prayer as we walk through the Old Testament.

Praise is simply expressing what we are worshiping God for in the passage we're reading. Who is He? What is He doing? Take time to sit with Him; His character, His names, His works, His faithfulness.

Silence and Solitude is about quieting ourselves before the Lord and His Word and slowing down enough to listen. What is He bringing to mind? What is He putting on your heart? What is He asking from you?

Ask is bringing everything to the Lord in prayer. Talk to Him as if you were sitting right next to Him. What is on your heart? What are your needs? Bring everything to Him. (Philippians 4:6)

Lament is the act of bringing your pain, sorrow, grief, and confusion before God. It's a time to mourn over broken things (personal sin you need to confess to God and turn from, sin in others, and sin around us). But it should be filled with faith and hope—run to God, not away from Him. Trust His promises, present and future grace, and don't wallow in unbelief and despair.

Missional Praying is where we begin to look outward. There are 5 C's that can help aid our prayer time beyond ourselves: Circle, Church, Community, Country, and Cultures. This is how we join God in what He's doing here and around the world. We ask Him to move, to reach, and to expand our borders for His Kingdom.

Week 27 (August 2–8)

This Week's Reading: 1 Samuel 9–10, 12, 14–15; Psalm 124–128

Praise

- As you read Psalm 124–128, notice the ways God reveals Himself as Deliverer, Helper, Provider, and the One who blesses those who walk with Him. Psalm 124:8; 125:1–2; 127:1–2; 128:1–4
- Spend time praising God for who He is before focusing on what He has done for you. Psalm 125:1–2
- Let God's faithfulness throughout Israel's story become the foundation of your worship. Psalm 126:1–3

Silence & Solitude

- Sit quietly with the Lord after reading 1 Samuel 15.
- Invite the Holy Spirit to reveal any places where your heart has become divided or where obedience has become selective. 1 Samuel 15:22–23
- Resist the urge to justify yourself. Simply listen for His voice and remain open to His loving correction. 1 Samuel 15:24–26

Ask — Allow the Word to Guide Your Prayer Requests

- Let Samuel's call to fear the Lord and serve Him faithfully shape your prayers. 1 Samuel 12:24
- Ask God to strengthen your desire to trust Him completely. Psalm 125:1
- Invite Him to help you respond quickly whenever He calls you to obey. 1 Samuel 15:22
- Pray that the Lord would continue forming Christlike character within you. Psalm 128:1–4

Lament — What Has Grieved You as You Have Read the Word?

- Reflect on how pride, fear of people, or self-reliance affected Saul's relationship with God. 1 Samuel 15:17–24
- Honestly bring before the Lord the places where you have relied on yourself instead of Him. Psalm 124:8
- Confess any areas where outward obedience has replaced wholehearted surrender. 1 Samuel 15:22–23
- Receive His grace and thank Him for His willingness to restore those who return to Him. Psalm 126:4–6

Mission

- Pray that God would use the End Hunger in Sumner Fall Kickoff to reveal His love to our community.
- Ask Him to provide opportunities for Gospel conversations through every act of service.
- Pray that volunteers would serve with joy and that those receiving help would encounter the hope of Christ.

This Week: End Hunger in Sumner Fall Kickoff

Week 28 (August 9–15)

This Week's Reading: 1 Samuel 16–20; Psalm 129–133

Praise

- As you read about David's anointing, praise God for seeing what people cannot see. 1 Samuel 16:7
- Thank Him for His faithfulness to accomplish His purposes through ordinary people. 1 Samuel 16:12–13
- Use Psalm 133 to celebrate the beauty of unity among God's people.

Silence & Solitude

- Reflect quietly on David's willingness to wait for God's timing. 1 Samuel 18:14; 19:18–24
- Ask the Lord to help you become comfortable with seasons of waiting. Psalm 130:5–6
- Listen for ways He may be inviting you to trust Him more deeply.

Ask — Allow the Word to Guide Your Prayer Requests

- Allow David's dependence on God to guide your prayers. 1 Samuel 17:45–47; 18:14
- Ask God to increase your confidence in His presence rather than your own abilities. 1 Samuel 17:37
- Pray for courage, humility, and faithfulness in both public and hidden seasons. 1 Samuel 16:11–13; 18:5
- Invite Him to prepare you for whatever He has called you to do.

Lament — What Has Grieved You as You Have Read the Word?

- Notice the effects of jealousy and fear in Saul's life. 1 Samuel 18:8–12; 19:9–10
- Bring before God any places where comparison, insecurity, or unforgiveness have taken root in your heart.
- Ask Him to replace those attitudes with contentment, love, and genuine joy for others.

Mission

- Use Psalm 133 to pray for unity within Long Hollow and among churches throughout our community. Psalm 133:1
- Pray that believers would reflect Christ so clearly that others would be drawn to the Gospel.
- Ask God to strengthen His Church around the world as we serve together for His Kingdom.

This Week: Wednesdays at LH Fall Kickoff

Week 29 (August 16–22)

This Week's Reading: 1 Samuel 21–25; Psalm 134–138

Praise

- As you read the Psalms this week, notice God's steadfast love and constant presence. Psalm 136:1; 138:7–8
- Praise Him for being faithful even during seasons of uncertainty. Psalm 138:8
- Let your worship be rooted in God's unchanging character rather than changing circumstances. Psalm 135:13

Silence & Solitude

- Spend time quietly reflecting on David and Abigail's interaction in 1 Samuel 25.
- Ask God to help you recognize His wisdom before reacting emotionally.
- Rest in His presence and allow Him to bring peace to your heart. Psalm 131:2

Ask — Allow the Word to Guide Your Prayer Requests

- Let David's dependence on God shape your prayers. 1 Samuel 23:2, 4
- Ask for wisdom when facing difficult decisions or relationships.
- Invite God to develop patience, humility, and discernment within you.
- Pray for grace to trust Him when the path ahead is unclear.

Lament — What Has Grieved You as You Have Read the Word?

- Reflect on moments when fear, anger, or impatience have shaped your responses. 1 Samuel 21:10–15; 25:21–22
- Bring those moments honestly before the Lord. Psalm 142:1–2
- Thank Him that He welcomes repentance and delights in restoring His children. Psalm 138:6–8

Mission

- Use Psalm 138 to pray that people from every nation would hear the Word of the Lord and worship Him. Psalm 138:4–5
- Pray for missionaries serving in difficult places.
- Ask God to soften hearts and establish thriving churches among unreached peoples.

Week 30 (August 23–29)

This Week's Reading: 1 Samuel 28, 31; 2 Samuel 1, 3, 5; Psalm 139–143

Praise

- As you meditate on Psalm 139, praise God for His perfect knowledge, constant presence, and faithful love.
- Thank God that nothing in your life is hidden from Him.
- Worship Him as the righteous King whose purposes never fail. 2 Samuel 5:10; Psalm 145:13

Silence & Solitude

- Read Psalm 139 slowly and prayerfully.
- Invite God to search your heart and reveal anything that needs His transforming grace. Psalm 139:23–24
- Linger in His presence, allowing Him to examine your heart with love. Psalm 139:7–12

Ask — Allow the Word to Guide Your Prayer Requests

- Let David's dependence on the Lord shape your conversations with God. 2 Samuel 5:19, 23
- Ask Him for wisdom in the decisions you are facing.
- Pray for a heart that seeks His direction before taking action. 2 Samuel 5:19
- Invite Him to make you increasingly sensitive to His voice.

Lament — What Has Grieved You as You Have Read the Word?

- Reflect on the closing chapters of Saul's life and the consequences of ignoring God's voice. 1 Samuel 28:5–20; 31:1–6
- Bring before the Lord any disappointment, regret, grief, or spiritual weariness you may be carrying. Psalm 142:1–3
- Trust Him to meet you with mercy and restore your fellowship with Him. Psalm 143:8–11

Mission

- Use Psalm 143 to pray for those who are discouraged, overwhelmed, or spiritually weary around the world.
 - Pray for pastors, missionaries, and church leaders serving in challenging places.
 - Ask God to draw many to Himself as the Good Shepherd who faithfully leads His people.
- Psalm 143:10