



Week of Sunday,
June 21, 2026

TABLE OF CONTENTS

02

Introduction

03

Discussion Questions

04

Application Questions

05

Questions for Families | Bible Reading Plan

06

Resources

07

Commentary

09

Sermon Notes

Living out our God-given calling as we follow Jesus and make disciples every day.

Growing in the MARCS of a disciple every day!

JUNE FOCUS - SCRIPTURAL

Select a question below to ask the group to gauge how you are growing in the MARCS of a disciple.

1. What did God show you from Scripture that challenged or encouraged you?
2. Where did Scripture shape your decisions, attitudes, or conversations?
3. What is one passage or truth you're carrying with you into this coming week?

INTRODUCTION

As Moses gives his final address to the Israelites before they cross into the Promised Land, he challenges them with the words of Deuteronomy 6, famously referred to as the “Shema”. These words not only challenge us to love God wholeheartedly but to both teach and live it out as an example to our families and the world around us. When we embrace this command not only does our love for God grow, but our love for those around us.

Deuteronomy

READ ALOUD

Deuteronomy 6:4-9

DISCUSS

Opening Question: What did you enjoy most about your childhood and why?

- What does it look like to “love the Lord your God with all your heart, with all your soul, and with all your strength?”
- What stands out to you about where these words are supposed to live and be spoken? Why do you think Moses specifically listed these places?

Have someone read aloud Matthew 22:36-40.

- Why do you think Jesus said these two laws are what all the Law and Prophets hang on?
- Why do you think loving God is the foundation for the whole law, and how does our love for God affect all our other decisions?

DISCUSS & APPLY

- What are the ways you keep the Word of God in front of yourself, your household, and your community?
- Why do you think discipleship in the home is so important? How can it dictate the dynamic and direction of a home?
- What is one thing in your life right now that adds busyness to your schedule that you could redeem for the glory of God? (Example: Sports practices may add to your busyness but also give you a great opportunity to share the Gospel and build community with other believers.)

RESPOND

How would you describe the legacy you want to leave through your family and closest relationships? What is something you can do this week to help build that legacy?

Praying as a Church - Week 21 Prayer Prompts

(Share and pick some to pray through as a group.)

Praise

- Use Psalm 103 to praise God for His mercy, compassion, and constant love. Thank Him for the many ways He has personally cared for and sustained you.
- In Psalm 104–105, praise God for His power over creation and His faithfulness throughout generations. Worship Him for being a promise-keeper in every season.
- Use Joshua 1 to thank God that His presence goes with us wherever He leads. Praise Him for being faithful through every season of change and transition.

Silence and Solitude

- Ask God to calm any fear, anxiety, or uncertainty you may feel about the future.
- Quietly reflect on specific times when God has faithfully guided you through change or difficulty.
- Invite the Lord to make you attentive to His voice and His presence as He leads you forward.

Ask - allow the Word to guide your prayer requests.

- Use Deuteronomy 31 to pray for courage and steadfastness. Ask God to help you trust Him fully when stepping into unfamiliar places or responsibilities.
- Use Joshua 1 to pray for strength and courage for our church body, our leaders, and families walking through transition.
- Pray that God's Word would remain central in our hearts and decisions as we seek to follow Him faithfully.
- Use Joshua 2 to pray for people like Rahab—those who are searching or far from God—that they would find salvation and refuge in Him.

Lament - what has grieved you as you have read the Word?

- Lament over the times that fear or insecurity have kept you from fully trusting God's direction.
- Confess moments of forgetfulness, hesitation, or compromise in following the Lord's lead.
- Grieve for those who have wandered from the truth or hardened their hearts to God's voice.
- Ask God to renew your faith and restore hope to weary hearts this week.

Mission

- Ask God to raise up courageous leaders who trust Him fully and guide others with His wisdom.
- Pray for the next generation to remember the mighty works of the Lord and boldly proclaim His goodness.
- Ask God to open doors for the Gospel among those who are uncertain about the truth or feel overlooked.
- Pray that people from every tribe and nation would come to know the saving power and mercy of God.

Here are some questions you can discuss with the whole family.

Deuteronomy 6:4-9

How can we spend more time discussing the Bible as a family?

For younger kids, help them think of simple examples (like reading the Bible together before bed or a meal). For older kids/teens, talk about the regular rhythms of family spending time together with the Lord.

What does it look like to love the Lord with all your heart?

With younger children, discuss loving God more than anything else. With older kids, discuss how we should not withhold parts of our lives from God, but should fully surrender to Him.

How does loving God help us love others?

Younger kids can talk about how God teaches us to be kind and love others. Older kids can discuss how, when we focus on God, He will give us a heart for helping and loving others.

GET INTO THE WORD

A YEAR-LONG JOURNEY THROUGH THE OLD TESTAMENT

Week 21

- Deuteronomy 31 / Psalm 101
 - Deuteronomy 32 / Psalm 102
 - Deuteronomy 34 / Psalm 103
 - Joshua 1 / Psalm 104
 - Joshua 2 / Psalm 105
- MEMORIZE: Psalm 17:15, Psalm 63:1

Other Resources

Resources for Family Discipleship



Check out Long Hollow's list of resources to help parents **disciple their families** through every stage of life.

WATCH

The Bible Project's Guide - Deuteronomy



See a collection of videos, classes, and articles that dives into **Deuteronomy** and its themes.

LIFE GROUP

We have a variety of resources and are continually adding new ones. Some of our resources include group launch guides, on-demand training modules, and curriculum resources.

To request a resource reach out to us at **groups@longhollow.com**



longhollow.com/lifegroups

D-GROUP

If you or someone you know would like to start a D-group, we have everything you need, including reading plans, journals, and a launch guide to walk you through the first four meetings.



longhollow.com/dgroups

What's Going On?

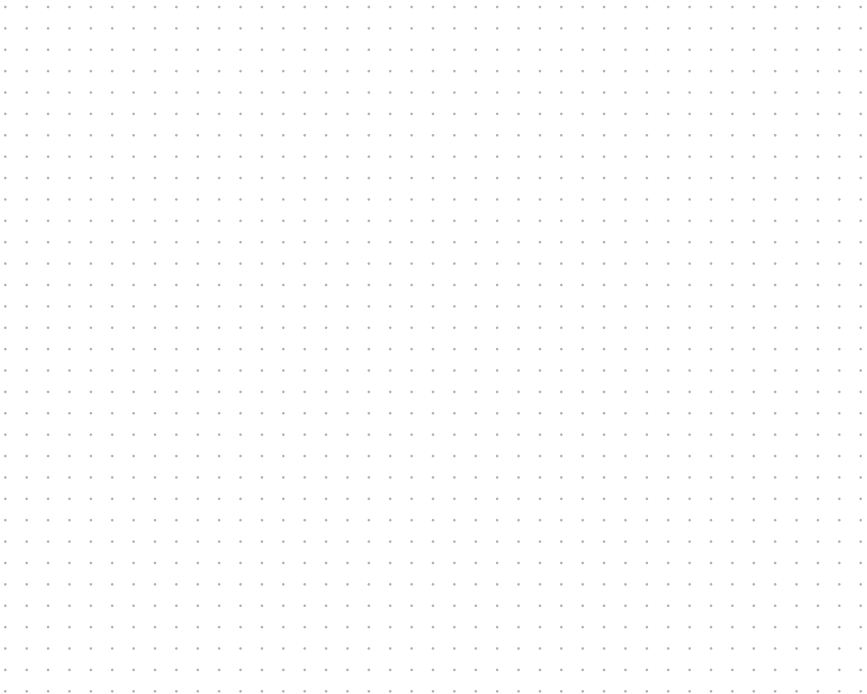
Deuteronomy 6:4-9 sits at the heart of Moses' final speech to Israel before they enter the Promised Land. Moses is reminding the people who God is and how they are to live once they cross the Jordan. Right before these verses, he has restated the Ten Commandments and warned them not to forget the Lord when life gets good.

These verses are sometimes called the “Shema” (from the first Hebrew word, “Hear”). It begins with a clear call: there is only one true God, and he alone deserves their full love and loyalty. Then Moses shows how this devotion is meant to shape daily life: God’s words are to be on their hearts, taught to their kids, talked about at home and on the road, and even written on their hands, foreheads, and doorposts. The picture is of a whole life centered on God—family, work, and routines all soaked in his truth.

A Bit of Background

Deuteronomy is set on the plains of Moab, just east of the Jordan River. Israel has been wandering in the wilderness for 40 years and is finally about to enter Canaan, the land God promised to Abraham’s family. A new generation has grown up; most of them did not see the Red Sea crossing or receive the law at Mount Sinai with their own eyes.

Moses is about to die, and Joshua will soon lead the people into a land filled with many nations and many gods. In that world, most people worshiped several deities and mixed religions freely. So Deuteronomy 6:4–9 calls Israel to stand out: to worship the Lord alone and to pass this faith on carefully to their children. These commands were meant to keep Israel from blending in with the surrounding cultures and to help them remember that every blessing in the new land came from the one true God.



Living out our God-given calling as we follow Jesus and make disciples every day.

MISSIONAL

Engaging with the world to share the Gospel intentionally.

ACCOUNTABLE

Being transparent with Christ and other believers about your walk.

REPRODUCIBLE

Disciples who make disciples; the mentee becomes the mentor.

COMMUNAL

Living in deep community with other believers; never alone.

SCRIPTURAL

Grounded in the Word of God as the ultimate authority.



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